



SCHOOL SCHEDULE

ALLIANCE JIU JITSU
Wilmington NC

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:15- 6:15	GI ALL LEVELS		GI ALL LEVELS		GI ALL LEVELS	
8:00- 9:00						
9:00- 10:00						NOGI
10:00- 11:00						OPEN MAT
4:45- 5:30	EAGLE YOUTH		EAGLE YOUTH			
5:00- 5:30	LITTLE EAGLE (3-6)			LITTLE EAGLE (3-6)		
5:30- 6:30	FUBD GI	EAGLE YOUTH	BEGINNERS GI	EAGLE YOUTH	EAGLE YOUTH NO GI	
6:30- 7:30	ADVANCED GI*	NO GI	ADVANCED GI*	NO GI	OPEN MAT	
	*ADVANCED GI REQUIRES 4 STRIPES ON THE WHITE BELT					